

A MESSAGE FROM THE PRESIDENT



Did you know that we are in the “Dog Days of Summer!” I guess I didn’t need to tell you that. I heard on the news this morning (July 18, 2011) that today marks the hottest summer in Wichita with 24 consecutive days of 3-digit temperatures since 1980.

I was curious as to what “dog days of summer” stands for. “Dog days of summer” is the hottest and muggiest part of the season (July 3 – August 11). According to Webster, “dog days” is 1) the period between early July and early September when the hot sultry days weather of summer usually occurs in the northern hemisphere, and 2) a period of stagnation or inactivity.

In ancient times different groups of people drew images in the sky by “connecting the dots” of stars. These star pictures are now called constellations, and the constellations that are now mapped out in the sky came from our European ancestors.

The images they saw were bears (Ursa Major and Ursa Minor), twins (Gemini), a bull (Taurus) and dogs (Canis Major and Canis Minor). The brightest star in Canis Major (the big dog) is Sirius, which also happens to be the brightest star in the night sky.

In the summer, Sirius, the “dog star”, rises and sets with the sun. During late July, Sirius is in conjunction with the sun, and the ancients believed that its heat added to the heat of the sun, creating a stretch of hot and sultry weather. They named this period of time, from 20 days before the conjunction to 20 days after, “dog days” after the dog star.

The combining of Sirius with the sun varies somewhat with latitude. And the “precession of the equinoxes” (a gradual drifting of the constellations over time) means that the constellations today are not in the same place in the sky as they were in ancient Rome. Today, the dog days occur during the period between July 3 and August 11. Although it is certainly the warmest period of the summer, the heat is not due to the added radiation from a far-away star, regardless of its brightness. The heat of summer is a direct result of the earth’s tilt.

2010-2011 BOARD OF DIRECTORS

President

Candace Parry
Kansas Heart Hospital

Vice President

Helen Nicoli
Schaefer, Johnson, Cox, Frey
Architecture

Secretary

Jeanetta Bolin
Commerce Bank

Treasurer

Jenny Stephens
Star Lumber & Supply

Sergeant at Arms

Carla Rae Pitcher
Spirit Aerosystems

Membership

Sonia McClintic
West UC Solutions

Programs

Jan Baggett
Wichita Chamber of Commerce

Retention & Orientation

Lynne Smith
Above & Beyond Corporate
Gifts

Fundraising

Pat Campbell
Wichita State University

Publications

Joan Rapp
The Specialists Group LLC

Advisor

Connie Velghe
Westar Energy

Five unusual ways to stay cool:

1. Wear loose, lightweight cotton and/or linen clothing or even seersucker.
2. Cool the pulse point. Chill your pulse points by running cold water over your wrist for a minute or so each hour. Splash water on your temples or face can also produce a similar effect. Also put some of that cool tap water in a glass and stay hydrated.
3. Don't eat: graze. Eat smaller and more frequent meals.
4. Eat to sweat. Eating spicy foods makes you sweat without actually raising your body temperature.
5. Stay cool under the covers. Want to cool the bed down? Fill a standard hot water bottle with ice water. Use it to cool your ankles and the back of your knees. You could also bag your sheets and place in the freezer for an hour or two before bedtime. Cooling your head also cools your body. Go for a cool and absorbent pillow of organic cotton. Put away the down and latex pillows until the weather cools down this fall.
6. Additional option: go to a movie or shopping with your EWI friends!

Do everything you can to stay cool. This heat is a killer. And don't forget about your pets. Remember they are closer to the pavement and heat affects them like it does you and me. Be sure to hydrate them. Make the most of your summer. It'll be over before you know it and hopefully cooler weather will set in.

Candace

Highlights from EWI Open Forum – July 19, 2011:

- Sharon Bennett, EWI Corporate President, announced the new Corporate Board slate for 2011-2012:
 - Lisa Stokes, President, EWI of Harrisburg
 - Karen Skirten, Vice President/President-Elect, EWI of Calgary
 - Darlene Banogon, Secretary, EWI of San Diego
 - Kerry Feltenberg, Treasurer, EWI of Phoenix
 - Nancy Harrison, Director, EWI of Chattanooga
 - Carolyn Woodmansee, Director, EWI of Spokane
 - Cindy Hillegass, Director, EWI of Minneapolis
 - Sharon Bennett, Advisor, EWI of Cincinnati
- Board-to-Board calls: the open communication between Corporate Board and Chapter Boards has been very successful. There are only 8 chapters left to schedule these calls.
- Lynne Shaffer announced that effective July 31, 2011, EWI's contract with Association Solutions will be dissolved as the management model was not producing the outcomes expected. Email communication will go out this week to the entire membership.
- Leadership Conference & Annual Meeting (LCAM) – September 22-24, 2011 in Minneapolis, Minnesota. Thursday will be designated Connections Day and there will be an all day pin/ribbon exchange. There will also be a Town Hall meeting to review the State of EWI, as well as a Delegate session to discuss Corporate Bylaws, budget, etc.

OPEN FORUM (Continued)

Friday will be Careers Day with three (3) Academy of Leadership (AOL) classes. This will be the 10 year anniversary for AOL.

Saturday will be Community Day with a Running for Reading in the morning with 500 to 1,000 runners/walkers. Maxfield Elementary School will benefit from this run. A brunch will follow the race.

There will also be electronic voting of the Bylaws, budget, etc. at the Annual Meeting. There will be 2 conference calls related to LCAM. The first call will be a walkthrough for events, dress, etc. The second call will focus on LCAM first-timer orientation.

- Website update – the deadline date set by Corporate has not been honored and they were very apologetic. There have been a few hiccups along the way and there are a few additions to be made in order to roll out the Corporate/Chapter website template. Nancy Harrison, EWI of Chattanooga, has taken on the chapter template and will roll it out soon. Nancy talked about the MyEWI page. There is an LCAM attendees link that you can go into. Go to the Corporate website and to the left is a link to MyEWI.
- Lisa Stokes presented the recipients of the 2011 EWISP and FELLOWS scholarship awards. The ASIST winners will be announced August 1.
- Anniversary renewals – at last year's LCAM meeting it was voted to remove the February 15 renewal date. Corporate stated that we are not in anniversary renewal process. They have an ad-hoc committee that will review this process. There are a number of chapters that volunteered to sample this process once it is in motion and Wichita Chapter is one of them.



fellows
EXECUTIVE WOMEN INTERNATIONAL
FELLOWS SCHOLARSHIP

Attention EWI Representatives pursuing an undergraduate, graduate, or post-graduate degree, EWI can help with your expenses.

Apply Today for an EWI Fellows Scholarship!

To Learn More Call Toll Free: 1-877-4EWI-NOW
or Go Online to www.ewiconnect.com

ewi
CONNECTIONS | CAREERS | COMMUNITY

August 17 EWI Executive Night:

Invitations have gone out for the August 17 Executive Night at the Wichita Country Club. Please turn in your reservations to your representative by Monday, August 8th. Sharon Bennett, Corporate EWI President, 2010-2011, will be a special guest at the meeting. We will focus on helping other women by supporting Dress for Success. Go through your closets and bring dresses, shoes, suits that evening to Executive Night. Other items that DFS needs on an ongoing basis are eyeliner, mascara, blush, hosiery/knee high hosiery, new bras and panties, and trial size deodorant.

REPRESENTATIVE RUNDOWN

Do you know this Representative? Let me introduce her!

Dawn Truman, representative for J.P. Weigand & Sons, Inc.
Dawn replaced Sherry Moore, who had represented the firm since 1971
Dawn was introduced June 2010

Dawn was born in Dansville, NY, and has lived in Kansas for 28 years.
Her favorite childhood memory was camping with her family in the summertime.
She is looking forward to her high School Reunion #35.
Her favorite time of day is just before she falls asleep.

Left - Jeremy
Dawn, aka Shooting
Star
Right - Joshua



Dawn, plays golf, runs, reading and eating.
Favorite restaurant, Red Rock; favorite color, red; TV show, Joel Olsteen/Joyce Meyers (tie), favorite movie Bridesmaids.
Currently reading, The Game Plan.
Her first job was an Assistant to the Dean of Students.
Dawn loves spending time with her granddaughter and two new grandsons.
Her recent travels back to back were Zihuatanejo Mexico, Jamaica, Grand Caymen, and Cozumel, made for a busy March this year.

L - R
Jeremy; son, his wife Jessica,
Bottom row:
Grandson; Trevor age 8,
Granddaughter; Jordan age 10
Grandson; Landon age 5



AUGUST BIRTHDAYS

Candace Perry 8/8
Michelle Pfeifer 8/9
Shelli Nestleroad 8/21
Denise Wickham 8/23

Dates to Note

Wine & Dine for August:

Please join us on Wednesday, August 24 @ 5:15 at Bonefish Grill (located in Waterfront, corner of 13th & Webb), 10250 E. 13th. They serve a Bang Bang Shrimp special for \$5 on Wednesdays.

Please rsvp to Jeanetta Bolin at: jeanetta.bolin@commercebank.com

August 17

Executives Night
Wichita Country Club
September 14 (date change from Sept 21 due to LCAM)
Eberly Farm
Registrations will need to be in by Monday, September 6

REPRESENTATIVE RUNDOWN

New Representative and Bride to be!



Charley Lewis representative for Midwest Single Source
She joined as a replacement representative in December 2010.
Charley was born in Denver, Colorado, lived there 2 years and moved to KC until 1984 when she moved to Wichita
Her favorite childhood memory being a Chiefette for the KC Chiefs at the age of 13.
Her favorite time of day is morning.
An event she is looking forward to her wedding.

Charley's first job was at McDonald's as an Event Coordinator.

Her favorite restaurant is Bone Fish, movie Wizard of OZ, TV show Mike and Molly, favorite color purple.

She is currently reading Danielle Steele.

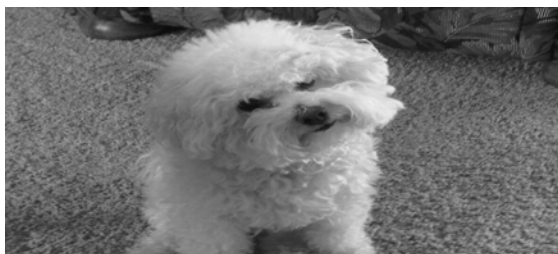
Hobbies: Watching her fiancée Drag race and reading

Activities: Spending time with her daughters

Recent Travel: Rochester, NY



Daughters: Chelsey and Calley with Mom Charley



Pet Name Bella - she is a Bichone Frise

AUGUST BOARD REPORT

The information below comes from the July 21, 2011 meeting. Any feedback, good or bad, is appreciated.

Old Business:

- Jenny Stephens and Sonia McClintic did a follow up on the prorated dues and who is eligible. Jenny will contact the following firms: Dress for Success, CNH America, Hyatt Regency Wichita, Juhnke, Campbell & Associates, High Touch, Inc., and Wichita Marriott.

New Business:

- Connie Velghe, Chair of the Nominating Committee, presented the proposed 2011 Leadership Conference & Annual Meeting (LCAM) delegate nominees. This will be presented to the membership at the July 27 Chapter meeting.
- Connie also presented the proposed 2011-2012 slate of officers. This will be emailed to all the membership on July 28th and published in the Connect.
- Budget Committee – Jenny Stephens will coordinate a committee meeting and present a proposed budget for 2011-2012. It will be presented to the membership at the September Chapter meeting (Sept. 14) for approval.
- Pin/ribbon exchange at LCAM this year. Corporate announced that Thursday, Sept. 22 will be designated as a day to exchange pins/ribbons from chapters as well as networking. Last year there was not a pin exchange but reps from EWI of Wichita exchanged special made business cards and “red slipper” pins. We will look at doing the same thing this year.
- Open Forum (July 19, 2011) – Candace shared notes from this Open Forum. One item that stuck out is that Corporate is dissolving their relationship with Association Solutions effective July 30 due to not meeting outcome expectations.

They will also have electronic voting at LCAM for the Bylaws, budget and any other items coming before the membership.

Website update – Corporate has not honored any of the deadlines and were very apologetic. Nancy Harrison, EWI of Chattanooga, has taken on the chapter template and will roll it out soon.

Anniversary renewals – At last year’s LCAM meeting it was voted to remove the February 15 renewal date for member firms. However Corporate is not conducting the anniversary renewal process. They have appointed an ad-hoc committee to review this process.

- Non-Profit Chamber – Candace received a phone call from Perry Schuckman, Executive Director with Nonprofit Chamber of Services. He asked if any of our representatives would be interested in making presentations at their meetings on what makes a stellar Executive Assistant, and identifying tasks an assistant should and/or should not perform, just to name a few topics. More information will be forthcoming.

Sergeant-at-Arms: No report as the July Chapter meeting is the following week.

Treasurer: Jenny Stephens reported that for the month ending June 30, 2011, there was \$50,230.65 in the General Fund and \$53,145.01 reported for the B/C/DP Fund.

Publications: Joan Rapp had nothing to report.

Fundraising: Pat Campbell presented the report from the June Chapter meeting in which \$130 was raised for Nose-to-Toes.

Membership: Sonia McClintic reported that she will introduce Shirley Smith with Center for Health & Wellness at the July Chapter meeting.

Programs: Jan Baggett reported no changes to the schedule.

Retention/Orientation: Lynne Smith presented the invitation for the annual Retention/Orientation meeting for all the new representatives on Thursday, August 4th at Office This.